





# May 2024

## Live Well Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 Roast Pork w/ Gravy	2 Teriyaki Chicken	3 Chinese Style Steamed Fish	4 
5	6 Chicken Stir Fry	7 Beef Tomato	8 Sweet & Sour Pork	9 Lau Lau	10 Lasagna with Garlic Bread	11
12 	13 Mongolian Beef	14 Tripe Stew	15 Chicken Adobo	16 Baked Fish	17 Hawaiian Style Pepper Steak	18
19	20 Hamburger Steak	21 Pinakbet	22 Stuffed Cabbage	23 Chili Spaghetti	24 Shoyu Chicken	25
26	27  Memorial day <i>Remember and Honor</i>	28 Beef Curry	29 Pineapple Spare Ribs	30 Chicken Katsu	31 Beef Stroganoff	1
2	3	National Smile Day 				
Menu items are subject to change without notice						