


April 2024 Live Well Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 31	1 Chicken Curry	2 Spaghetti w/ Meat Sauce	3 Kalua Pork and Cabbage	4 Pot Roast w/ Vegetables	5 Baked Fish	6
7	8 Meatloaf	9 Tripe Stew	10 Pork w/ Squash	11 Shoyu Chicken	12 Roast Pork w/ gravy	13
14	15 Meat Lover's Lasagna	16 Sweet Sour Spareribs	17 Chicken Long Rice	18 Beef Chili	19 Chinese Style Steamed Fish	 20 We ♥ volunteers! VOLUNTEER RECOGNITION DAY
 1	22 Huli Huli Chicken	23 Beef Macaroni	24 Pork Sinigang	25 Hamburger Curry	26 Pancit Bihon / Chicken Afritada	27
28	29 Beef Stew	30 Chicken Adobo	1	2	3	4
5	6	Menu items are subject to change without notice				