





May 2023 Live Well Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Pork Chile Verde	2 Chinese Style Mahi	3 Stuffed Cabbage	4 Beef Chili	5 MAY DAY Laulau & Haupia	6
7	8 Huli Huli Chicken	9 Hamburger Steak	10 Black Bean Spare Ribs	11 Corned Beef and Cabbage	12 Chicken Long Rice	13
14 	15 Local Style Beef Stew	16 Sweet & Sour Fish	17 Korean Chicken	18 Teriyaki Beef	19 Jidori Chicken	20
21	22 Chicken Curry	23 Pork Katsu	24 Teriyaki Chicken	25 Pot Roast w/Vegetables	26 Breaded Fish	27
28	29 	30 Baked Fish	31 Stir Fried Pepper Steak	1	2	3
4	5	Notes				
Menu items are subject to change without notice						