



March 2023 Live Well Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1 Black Bean Spare Ribs	2 Kalua Pig	3 Chicken Long Rice	4
5	6 Local Style Beef Stew	7 Sweet & Sour Fish	8 Korean Chicken	9 Roast Pork	10 Beef Chili	11
12	13 Chicken Curry	14 Hamburger Curry	15 Teriyaki Chicken	16 Pot Roast w/Vegetables	17 HAPPY St. Patrick's DAY Corned Beef & Cabbage	18
19	20 Pork Hekka	21 Chicken Stir Fry	22 Teriyaki Beef	23 Shoyu Chicken	24 Kalua Pork & Cabbage	25
26	27 Happy PRINCE KŪHIŌ DAY Meatloaf Wrapped w/Bacon	28 Pork Guisantes	29 Stuffed Cabbage	30 Pork Adobo	31 Herb Chicken	1
2	3	Notes Menu items are subject to change without notice				

