






# Live Well Menu November 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 Sweet & Sour Fish	2 Kalbi Beef	3 Shoyu Chicken	4 Kalua Pork & Cabbage	5
6	7 Meatloaf wrapped w/ Bacon	8  Mushroom Chicken	9 Stuffed Cabbage	10 Irish Lamb Stew	11  Herb Chicken	12
13	14 Huli Huli Chicken	15 Hamburger Steak	16 Black Bean Spare Ribs	17 Corned Beef and Cabbage	18 Chicken Long Rice	19
20	21 Local Style Beef Stew	22 Baked Fish	23 Korean Chicken	24  CLOSED	25 Beef Chili	26
27	28 Chicken Curry	29 Chinese Style Fish	30 Teriyaki Chicken	1	2	3
4	5	Menus items are subject to change without notice				

