# Live well everyday.

Live Well at Iwilei by Kāhala Nui.
Providing meaningful person-centered programs and services for older adults that promote healthy aging with a focus on quality of life and a high level of physical, intellectual, and psychosocial well-being.

In the spirit of 'Ohana, Live Well at Iwilei is dedicated to serving the unmet needs of seniors in Hawai'i. We are a not-for-profit organization that provides a continuum of high quality care services, enabling those we serve to live a gracious lifestyle with dignity, respect, trust, and friendship.



### **MISSION**

In the spirit of 'Ohana, Kāhala Senior Living Community and its Associates are dedicated to serving the unmet needs of seniors in Hawai'i. We are a not-for-profit organization that provides a continuum of high quality residential, community based and health care services enabling those we serve to live a gracious Hawaiian lifestyle with dignity, respect, trust and friendship.

### **VISION**

Kāhala Senior Living Community endeavors to create fulfilling environments that focus on a positive approach to aging that engages and enriches the lives of both seniors and our Associates who serve them. We will create programs and communities where seniors can thrive and live their autumn years to the fullest.



888 Iwilei Road #105, Honolulu, HI 96817 Phone: 808.218.7777 www.livewellhi.org



Scan the QR code for more Live Well info





**Exceptional Senior Wellness Center** 





- Continental breakfast and a delicious hot lunch prepared at Kāhala Nui is served daily. A variety of snacks will be provided throughout the day.
- The Center will provide an array of activities to encourage healthy aging: exercise, socialization, and cognitive stimulation.
- Planned activities may include cooking demonstrations, exercise such as Strength & Balance, interactive technology, entertainment.
- Library, Wi-Fi, exercise equipment, recliners for quiet periods.
- Personal care services are available.
- Our added renovation now includes over 6,000 square feet of space, maintaining our continued care in a comfortable open space.
- Updated advanced audiovisual system provides increased recreation and enjoyment.

## **COMMITMENT**

- Our goal is to empower individuals to make choices about their lives and to promote opportunities that allow individuals to experience the fullness of life.
- Our staff carefully addresses the needs of each member's mind, body, and spirit, balancing thoughtful gracious support with quality care in an island style setting.
- Committed to be a growing and energetic force in the community.
- Licensed by the state of Hawaii as an adult day care center for seniors.

# **CENTER HOURS**

7:30 a.m. to 5:30 p.m. Monday through Friday

Please call 808.218.7777
for a tour and more information.





